ALBURY ICE HOCKEY ASSN



U16 SKILLS DEVELOPMENT CLINIC

QUEENS BIRTHDAY WEEKEND (Sat Mar 31st – Mon June 2nd)

Instructors

Peter Anderson

International Ice Hockey Federation Coach Instructor

Jeff Bonazzo

NZL Ice Blacks Coach

NZIHF Coaching Coordinator

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Surname:				Age:		yrs		
First Name:				Experience:		yrs		
Address:								
Ph #		Email						

Weekends Program

3 x 1.5 hr On-Ice Sessions – Skating, Puck Control, Passing/receiving, Shooting, Individual skills for forwards, defence and goalies.

2 x Off-Ice Sessions – Agility, Communication, Hand-eye coordination, Power, Strength, Puck control

2 x Classroom Sessions – Fair-play, Respect, Basic Skills, Care of Equipment, Hydration, Nutrition and instructional DVD's.

1.5hr Jamboree Game

Start Times: (See attached schedule)

Sat 31st – Off-ice warm-up for ice session starts at 7:45am

Late start on Sunday to allow for entrants in Run 79 MTB Pursuit

A rare opportunity to receive tuition from NZL's best Coach

Cut off and Return Registration with payment to:

Peter Anderson PO Box 104, Lake Tekapo

Ph# 03 680 6616