



# Stick 'n' Puck



Stick 'n' Puck sessions are here!

Do you want to improve your hockey skills with more time on the ice? Or wanted to play hockey at public sessions? Stick 'n' Puck sessions will initially run through the final three weeks of September on a Wednesday night and offers players of all ages a chance to get on the ice playing arguably the best sport on the planet! Additional sessions will be added during the school holiday depending on ice availability. These sessions are essentially a public session for hockey players so anyone is welcome!

\*Players must have their own equipment; please see below for requirements.

## September Sessions Times:

<u>Date:</u>	<u>Time:</u>	<u>Entry:</u>
Wednesday 11 <sup>th</sup>	5.00pm – 6.50pm	\$10
Wednesday 18 <sup>th</sup>	5.00pm – 6.50pm	\$10
Wednesday 25 <sup>th</sup>	5.00pm – 6.50pm	\$10

\*Equipment Requirements (skaters must have own equipment)

- **Youth:** Hockey skates, shin pads, socks, hockey pants, shoulder pads, elbow pads, gloves, stick, helmet with FULL facemask, and jersey.
- **Adults (18+):** Helmet (face mask recommended), stick, hockey gloves and skates.

Please note: These sessions are not structured practices or scrimmages and as such there will be no coach on the ice. Therefore, we ask that players respect others using the ice; any complaints of behaviour will result in a warning or removal from the session.

For more information please contact the Dunedin Ice Stadium.

